

Name : Íslandsmót LSÍ 2026
Site : Miðgarður
Date : 2/7/2026

City : Garðabær
Organizer : Icelandic Weightlifting Federation

Session M1

Weigh-in Time: 2026-02-07 07:00

Start Time: 2026-02-07 09:00

Announcer
Marshal
Timekeeper
Controller

Referee 1
Referee 2
Referee 3

Session F1

Weigh-in Time: 2026-02-07 08:00

Start Time: 2026-02-07 11:30

Announcer
Marshal
Timekeeper
Controller

Referee 1
Referee 2
Referee 3

Session F2

Weigh-in Time: 2026-02-07 08:00

Start Time: 2026-02-07 13:10

Announcer
Marshal
Timekeeper
Controller

Referee 1
Referee 2
Referee 3

Session F3

Weigh-in Time: 2026-02-07 08:00

Start Time: 2026-02-07 15:40

Announcer
Marshal
Timekeeper
Controller

Referee 1
Referee 2
Referee 3

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch					Clean&Jerk					Total	
							1	2	3	Max	Rank	1	2	3	Max	Rank	Total	Rank

M 79

47	Hilmarsson	Kristinn	M 79	73,35	LFR	2007	(85)	87	90	90	1	102	(110)	110	110	1	200	1
5	Kristjánsson	Brynjar Örn Thorla	M 79	75,10	LFK	1997	65	(70)	70	70	2	(90)	95	100	100	2	170	2

M 88

36	Hauksson	Kristófer Logi	M 88	81,30	LFK	2008	90	(94)	95	95	1	115	(118)	120	120	1	215	1
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M 94

18	Guðnason	Rökkvi Hrafn	M 94	90,50	LFR	2005	(115)	120	123	123	2	145	155	158	158	1	281	1
20	Sverrisson	Bergur	M 94	92,95	KA	1994	120	(127)	130	130	1	145	150	(157)	150	2	280	2
34	Magnússon	Sigurður Óli	M 94	91,15	LFA	1995	100	105	110	110	3	133	140	145	145	3	255	3
16	Ævarsson	Jóhannes Þór	M 94	92,45	LFK	1973	70	73	(77)	73	4	(95)	100	(103)	100	4	173	4

M 110

43	Hlynsson	Þórbergur Ernir	M 110	107,15	LFR	2005	140	145	(150)	145	1	165	173	180	180	1	325	1
1	Karelsson	Einar	M 110	107,75	Stjarnan	1998	107	112	(118)	112	3	135	(140)	142	142	2	254	2
40	Magnússon	Guðmundur Gréta	M 110	98,35	LFK	2004	95	100	105	105	4	125	(130)	135	135	3	240	3
3	Ásgeirsson	Guðmundur	M 110	95,90	LFK	1981	80	83	86	86	5	(108)	108	(114)	108	4	194	4
24	Pétursson	Hilmar Örn	M 110	94,50	LFR	2005	(85)	85	(90)	85	6	95	(105)	(105)	95	5	180	5
17	Kristófersson	Viktor Jóhannes	M 110	101,75	KA	2009	115	(120)	125	125	2	-	-	-	-	-	-	-

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch					Clean&Jerk					Total	
							1	2	3	Max	Rank	1	2	3	Max	Rank	Total	Rank

F 53

15	Ólafsdóttir	Birna	F 53	50,35	LFK	2008	(43)	43	46	46	1	50	55	(59)	55	1	101	1
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F 58

13	Svavarsdóttir	Freyja Björt	F 58	57,80	LFR	2005	62	65	(67)	65	1	82	86	90	90	1	155	1
33	Jónsdóttir	Íris Rut	F 58	57,80	MFN - Mas	1991	60	63	65	65	2	82	86	(91)	86	2	151	2

F 63

10	Dison	Snædís Líf P	F 63	62,95	LFR	2000	65	68	70	70	1	85	90	-	90	1	160	1
19	Edwards	Disa	F 63	61,70	MFN - Mas	1987	63	66	69	69	2	81	85	(88)	85	2	154	2
39	Guðmundsdóttir	Vigdís Lilja	F 63	61,40	LFK	2001	62	64	(67)	64	3	72	77	81	81	3	145	3
25	Gísladóttir	Elísabet Sara	F 63	60,60	MFN - Mas	2003	50	53	56	56	4	65	70	(73)	70	4	126	4
28	Kristjánsdóttir	Gísla Rún	F 63	62,10	LFK	1981	38	40	(42)	40	5	52	54	(56)	54	5	94	5

F 69

29	Eiríksdóttir	Sigurbjörg	F 69	66,30	LFM	2001	74	77	(80)	77	1	90	94	(98)	94	1	171	1
37	Magnúsdóttir	Steindís Elín	F 69	68,90	LFR	2008	68	71	73	73	2	90	(94)	(94)	90	2	163	2
38	Kjartansdóttir	Hólmfriður K.	F 69	68,25	LFK	1995	70	(75)	(75)	70	3	(85)	85	(90)	85	3	155	3
6	Ágústsdóttir	Sigrún	F 69	68,00	LFK	1996	63	66	(68)	66	4	82	(86)	(86)	82	4	148	4
2	Guðmundsdóttir	Erla	F 69	67,65	LFK	1980	57	60	63	63	5	(73)	74	81	81	5	144	5
14	Þórkelsdóttir	Margrét Bára	F 69	67,50	LFK	1983	53	55	(58)	55	8	(75)	76	(80)	76	6	131	6
22	Friðriksdóttir	Birna Salóme	F 69	65,35	LFR	2009	53	56	60	60	6	64	68	70	70	7	130	7
26	Snorradóttir	Rakel Sara	F 69	67,40	LFR	2006	(60)	(60)	60	60	7	(73)	-	(75)	-	-	-	-

F 77

12	Stefánsdóttir	Guðný Björk	F 77	70,80	LFM	2001	91	(94)	(96)	91	1	112	116	118	118	1	209	1
8	Hallgrímsdóttir	Elín Birna	F 77	76,45	LFR	2000	78	(82)	(83)	78	2	108	(112)	(112)	108	2	186	2
27	Jónsdóttir	Aþena Eir	F 77	74,65	MFN - Mas	1998	70	(73)	74	74	3	93	96	(98)	96	3	170	3

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch					Clean&Jerk					Total	
							1	2	3	Max	Rank	1	2	3	Max	Rank	Total	Rank
35	Brynjarsdóttir	Valdís	F 77	76,20	LFR	2004	66	70	73	73	4	77	82	86	86	4	159	4
44	Viðarsdóttir	Sigríður Lína	F 77	74,70	LFK	1988	50	55	58	58	5	62	65	68	68	6	126	5
41	Sveinbjörnsdóttir	Signý	F 77	73,40	LFK	2004	42	45	48	48	6	60	65	70	70	5	118	6
11	Ólafsdóttir	Sara Líf	F 77	75,80	LFK	2010	35	38	41	41	7	(45)	45	50	50	7	91	7
23	Elíasdóttir	Guðrún Björg	F 77	75,35	LFK	1974	30	(34)	34	34	8	(40)	40	42	42	8	76	8

F 86

4	Hjálmsdóttir Annerud	Ásdís	F 86	83,10	Stjarnan	1985	76	80	(82)	80	1	99	104	(108)	104	1	184	1
32	Jónasdóttir	Ásta Sachi	F 86	84,60	LFR	2000	70	73	75	75	2	-	80	85	85	2	160	2
7	Eypórsdóttir	Auður Arna	F 86	84,20	Stjarnan	1998	60	(64)	64	64	3	70	74	78	78	4	142	3
45	Bjarnadóttir	Brynja María	F 86	78,30	LFR	1990	50	(53)	55	55	4	76	79	82	82	3	137	4

F >86

46	Jónsdóttir	Friðný Fjóla	F >86	92,45	Stjarnan	1997	96	100	(105)	100	1	118	123	128	128	1	228	1
42	Ágústsdóttir	Erla	F >86	115,85	LFK	2001	98	(102)	(105)	98	2	120	125	128	128	2	226	2
9	Jónasdóttir	Unnur Sjöfn	F >86	105,40	LFK	2004	62	(65)	66	66	3	87	(92)	93	93	3	159	3
21	Björgvinsdóttir	Máney Dögg	F >86	86,50	LFK	1995	60	(63)	(65)	60	4	70	73	(75)	73	4	133	4
30	Þórðardóttir	Hildur Björk	F >86	98,05	ÍA	1985	37	42	(46)	42	5	43	46	(50)	46	5	88	5

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch				Clean&Jerk				Total	Sinclair	
							1	2	3	max	1	2	3	max		Score	Rank
43	Hlynsson	Þórbergur Ernir	M 110	107,15	LFR	2005	140	145	(150)	145	165	173	180	180	325	362,741	1
18	Guðnason	Rökkvi Hrafn	M 94	90,50	LFR	2005	(115)	120	123	123	145	155	158	158	281	336,936	2
20	Sverrisson	Bergur	M 94	92,95	KA	1994	120	(127)	130	130	145	150	(157)	150	280	331,557	3
34	Magnússon	Sigurður Óli	M 94	91,15	LFA	1995	100	105	110	110	133	140	145	145	255	304,722	4
1	Karelsson	Einar	M 110	107,75	Stjarnan	1998	107	112	(118)	112	135	(140)	142	142	254	282,911	5
40	Magnússon	Guðmundur Grétar	M 110	98,35	LFK	2004	95	100	105	105	125	(130)	135	135	240	277,171	6
36	Hauksson	Kristófer Logi	M 88	81,30	LFK	2008	90	(94)	95	95	115	(118)	120	120	215	272,317	7
47	Hilmarsson	Kristinn	M 79	73,35	LFR	2007	(85)	87	90	90	102	(110)	110	110	200	268,815	8
3	Ásgeirsson	Guðmundur	M 110	95,90	LFK	1981	80	83	86	86	(108)	108	(114)	108	194	226,508	9
5	Kristjánsson	Brynjar Örn Thorla	M 79	75,10	LFK	1997	65	(70)	70	70	(90)	95	100	100	170	225,273	10
24	Pétursson	Hilmar Örn	M 110	94,50	LFR	2005	(85)	85	(90)	85	95	(105)	(105)	95	180	211,544	11
16	Ævarsson	Jóhannes Þór	M 94	92,45	LFK	1973	70	73	(77)	73	(95)	100	(103)	100	173	205,366	12
17	Kristófersson	Viktor Jóhannes	M 110	101,75	KA	2009	115	(120)	125	125	-	-	-	-	-	142,340	13

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch				Clean&Jerk				Total	Sinclair	
							1	2	3	max	1	2	3	max		Score	Rank
12	Stefánsdóttir	Guðný Björk	F 77	70,80	LFM	2001	91	(94)	(96)	91	112	116	118	118	209	256,697	1
46	Jónsdóttir	Friðný Fjóra	F >86	92,45	Stjarnan	1997	96	100	(105)	100	118	123	128	128	228	249,085	2
42	Ágústsdóttir	Erla	F >86	115,85	LFK	2001	98	(102)	(105)	98	120	125	128	128	226	232,275	3
8	Hallgrímsdóttir	Elín Birna	F 77	76,45	LFR	2000	78	(82)	(83)	78	108	(112)	(112)	108	186	219,779	4
29	Eiríksdóttir	Sigurbjörg	F 69	66,30	LFM	2001	74	77	(80)	77	90	94	(98)	94	171	217,786	5
13	Svavarsdóttir	Freyja Björt	F 58	57,80	LFR	2005	62	65	(67)	65	82	86	90	90	155	214,992	6
10	Dison	Snædís Líf P	F 63	62,95	LFR	2000	65	68	70	70	85	90	-	90	160	210,136	7
33	Jónsdóttir	Íris Rut	F 58	57,80	MFN - Mas	1991	60	63	65	65	82	86	(91)	86	151	209,444	8
4	Hjálmisdóttir Annerud	Ásdís	F 86	83,10	Stjarnan	1985	76	80	(82)	80	99	104	(108)	104	184	209,421	9
19	Edwards	Disa	F 63	61,70	MFN - Mas	1987	63	66	69	69	81	85	(88)	85	154	204,776	10
27	Jónsdóttir	Aþena Eir	F 77	74,65	MFN - Mas	1998	70	(73)	74	74	93	96	(98)	96	170	203,211	11
37	Magnúsdóttir	Steindís Elín	F 69	68,90	LFR	2008	68	71	73	73	90	(94)	(94)	90	163	203,158	12
38	Kjartansdóttir	Hólmfríður K.	F 69	68,25	LFK	1995	70	(75)	(75)	70	(85)	85	(90)	85	155	194,201	13
39	Guðmundsdóttir	Vigdís Lilja	F 63	61,40	LFK	2001	62	64	(67)	64	72	77	81	81	145	193,397	14
35	Brynjarsdóttir	Valdís	F 77	76,20	LFR	2004	66	70	73	73	77	82	86	86	159	188,170	15
6	Ágústsdóttir	Sigrún	F 69	68,00	LFK	1996	63	66	(68)	66	82	(86)	(86)	82	148	185,809	16
2	Guðmundsdóttir	Erla	F 69	67,65	LFK	1980	57	60	63	63	(73)	74	81	81	144	181,310	17
32	Jónasdóttir	Ásta Sachi	F 86	84,60	LFR	2000	70	73	75	75	-	80	85	85	160	180,760	18
25	Gísladóttir	Elísabet Sara	F 63	60,60	MFN - Mas	2003	50	53	56	56	65	70	(73)	70	126	169,454	19
22	Friðriksdóttir	Birna Salóme	F 69	65,35	LFR	2009	53	56	60	60	64	68	70	70	130	166,960	20
9	Jónasdóttir	Unnur Sjöfn	F >86	105,40	LFK	2004	62	(65)	66	66	87	(92)	93	93	159	166,941	21
14	Þórkelsdóttir	Margrét Bára	F 69	67,50	LFK	1983	53	55	(58)	55	(75)	76	(80)	76	131	165,148	22
7	Eypórsdóttir	Auður Arna	F 86	84,20	Stjarnan	1998	60	(64)	64	64	70	74	78	78	142	160,737	23
45	Bjarnadóttir	Brynja María	F 86	78,30	LFR	1990	50	(53)	55	55	76	79	82	82	137	160,073	24
15	Ólafsdóttir	Birna	F 53	50,35	LFK	2008	(43)	43	46	46	50	55	(59)	55	101	154,639	25
44	Viðarsdóttir	Sigríður Lína	F 77	74,70	LFK	1988	50	55	58	58	62	65	68	68	126	150,566	26
21	Björgvinsdóttir	Máney Dögg	F >86	86,50	LFK	1995	60	(63)	(65)	60	70	73	(75)	73	133	148,925	27
41	Sveinbjörnsdóttir	Signý	F 77	73,40	LFK	2004	42	45	48	48	60	65	70	70	118	142,248	28
28	Kristjánsdóttir	Gísla Rún	F 63	62,10	LFK	1981	38	40	(42)	40	52	54	(56)	54	94	124,492	29
11	Ólafsdóttir	Sara Líf	F 77	75,80	LFK	2010	35	38	41	41	(45)	45	50	50	91	107,968	30

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch				Clean&Jerk				Total	Sinclair	
							1	2	3	max	1	2	3	max		Score	Rank
30	Þórðardóttir	Hildur Björk	F >86	98,05	ÍA	1985	37	42	(46)	42	43	46	(50)	46	88	94,303	31
23	Elíasdóttir	Guðrún Björg	F 77	75,35	LFK	1974	30	(34)	34	34	(40)	40	42	42	76	90,432	32
26	Snorradóttir	Rakel Sara	F 69	67,40	LFR	2006	(60)	(60)	60	60	(73)	-	(75)	-	-	75,703	33

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Team	Points	Rank	M
KA	25	3	2
LFA	23	5	1
LFK	120	1	5
LFM	-		-
LFR	105	2	4
Stjarnan	25	3	1
UMFN - Mass	-		-
IA	-		-

Team	Gold	Silver	Bronze
KA	-	1	-
LFA	-	-	1
LFK	1	1	1
LFM	-	-	-
LFR	3	-	-
Stjarnan	-	1	-
UMFN - Mass	-	-	-
IA	-	-	-

Details per Athlete

Team	Last Name	First Name	Gender	B.W.	Team	Total	Rank (Total)	Points (Total)	Rank within Team	Points scored for Team	Gold	Silver	Bronze
KA	Bergur	Sverrisson	M	92,95	KA M	280	2	25	1	25	-	1	-
KA	Víktor Jóhannes	Kristófersson	M	101,75	KA M	-	-	-	2	-	-	-	-
LFA	Sigurður Óli	Magnússon	M	91,15	LFA M	255	3	23	1	23	-	-	1
LFK	Kristófer Logi	Hauksson	M	81,30	LFK M	215	1	28	1	28	1	-	-
LFK	Brynjar Örn Thorlacius	Kristjánsson	M	75,10	LFK M	170	2	25	2	25	-	1	-
LFK	Guðmundur Grétar	Magnússon	M	98,35	LFK M	240	3	23	3	23	-	-	1
LFK	Jóhannes Þór	Ævarsson	M	92,45	LFK M	173	4	22	4	22	-	-	-
LFK	Guðmundur	Asgeirsson	M	95,90	LFK M	194	4	22	5	22	-	-	-
LFR	Kristinn	Hilmarsson	M	73,35	LFR M	200	1	28	1	28	1	-	-
LFR	Rökkvi Hrafn	Guðnason	M	90,50	LFR M	281	1	28	2	28	1	-	-
LFR	Þórbergur Ernir	Hlynsson	M	107,15	LFR M	325	1	28	3	28	1	-	-
LFR	Hilmar Örn	Pétursson	M	94,50	LFR M	180	5	21	4	21	-	-	-
Stjarnan	Einar	Karelsson	M	107,75	Stjarnan M	254	2	25	1	25	-	1	-

Number of Athletes

13

Number of Teams

8

20

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Team	Points	Rank	F
KA	-	-	-
LFA	-	-	-
LFK	306	1	14
LFM	56	5	2
LFR	194	2	9
Stjarnan	79	4	3
UMFN - Mass	95	3	4
IA	21	6	1

Team	Gold	Silver	Bronze
KA	-	-	-
LFA	-	-	-
LFK	1	1	3
LFM	2	-	-
LFR	2	3	-
Stjarnan	2	-	1
UMFN - Mass	-	2	1
IA	-	-	-

Details per Athlete

Team	Last Name	First Name	Gender	B.W.	Team	Total	Rank (Total)	Points (Total)	Rank within Team	Points scored for Team	Gold	Silver	Bronze
LFK	Birna	Ólafsdóttir	F	50,35	LFK F	101	1	28	1	28	1	-	-
LFK	Erla	Ágústsdóttir	F	115,85	LFK F	226	2	25	2	25	-	1	-
LFK	Vigdís Lilja	Guðmundsdóttir	F	61,40	LFK F	145	3	23	3	23	-	-	1
LFK	Hólmfríður K.	Kjartansdóttir	F	68,25	LFK F	155	3	23	4	23	-	-	1
LFK	Unnur Sjöfn	Jónasdóttir	F	105,40	LFK F	159	3	23	5	23	-	-	1
LFK	Sigrún	Ágústsdóttir	F	68,00	LFK F	148	4	22	6	22	-	-	-
LFK	Máney Dögg	Björgvinsdóttir	F	86,50	LFK F	133	4	22	7	22	-	-	-
LFK	Gísla Rún	Kristjánsdóttir	F	62,10	LFK F	94	5	21	8	21	-	-	-
LFK	Erla	Guðmundsdóttir	F	67,65	LFK F	144	5	21	9	21	-	-	-
LFK	Sigríður Lína	Viðarsdóttir	F	74,70	LFK F	126	5	21	10	21	-	-	-
LFK	Margrét Bára	Þórkelsdóttir	F	67,50	LFK F	131	6	20	11	20	-	-	-
LFK	Signý	Sveinbjörnsdóttir	F	73,40	LFK F	118	6	20	12	20	-	-	-
LFK	Sara Líf	Ólafsdóttir	F	75,80	LFK F	91	7	19	13	19	-	-	-
LFK	Guðrún Björg	Elíasdóttir	F	75,35	LFK F	76	8	18	14	18	-	-	-
LFM	Sigurbjörg	Eiríksdóttir	F	66,30	LFM F	171	1	28	1	28	1	-	-
LFM	Guðný Björk	Stefánsdóttir	F	70,80	LFM F	209	1	28	2	28	1	-	-
LFR	Freyja Björt	Svavarsdóttir	F	57,80	LFR F	155	1	28	1	28	1	-	-
LFR	Snædís Líf P	Dison	F	62,95	LFR F	160	1	28	2	28	1	-	-
LFR	Steindís Elín	Magnúsdóttir	F	68,90	LFR F	163	2	25	3	25	-	1	-
LFR	Ásta Sachi	Jónasdóttir	F	84,60	LFR F	160	2	25	4	25	-	1	-
LFR	Elín Birna	Hallgrímsdóttir	F	76,45	LFR F	186	2	25	5	25	-	1	-
LFR	Brynja María	Bjarnadóttir	F	78,30	LFR F	137	4	22	6	22	-	-	-
LFR	Valdís	Brynjarsdóttir	F	76,20	LFR F	159	4	22	7	22	-	-	-
LFR	Birna Salóme	Fríðriksdóttir	F	65,35	LFR F	130	7	19	8	19	-	-	-
LFR	Rakel Sara	Snorradóttir	F	67,40	LFR F	-	-	-	9	-	-	-	-
Stjarnan	Ásdís	Hjálmisdóttir Annen	F	83,10	Stjarnan F	184	1	28	1	28	1	-	-
Stjarnan	Fríðný Fjóla	Jónsdóttir	F	92,45	Stjarnan F	228	1	28	2	28	1	-	-
Stjarnan	Auður Arna	Eypórsdóttir	F	84,20	Stjarnan F	142	3	23	3	23	-	-	1
MFN - Mass	Disa	Edwards	F	61,70	FN - Mass	154	2	25	1	25	-	1	-
MFN - Mass	Íris Rut	Jónsdóttir	F	57,80	FN - Mass	151	2	25	2	25	-	1	-
MFN - Mass	Apena Eir	Jónsdóttir	F	74,65	FN - Mass	170	3	23	3	23	-	-	1

MFN - Mas	Elísabet Sara	Gísladóttir	F	60,60	FN - Mass	126	4	22	4	22	-	-	-
ÍA	Hildur Björk	Þórðardóttir	F	98,05	ÍA F	88	5	21	1	21	-	-	-

Number of Athletes 33

Number of Teams 8

20

Team	Points	Rank	M	F
KA	25	6	2	-
LFA	23	7	1	-
LFK	426	1	5	14
LFM	56	5	-	2
LFR	299	2	4	9
Stjarnan	104	3	1	3
UMFN - Ma	95	4	-	4
IA	21	8	-	1

Team	Gold	Silver	Bronze
KA	-	1	-
LFA	-	-	1
LFK	2	2	4
LFM	2	-	-
LFR	5	3	-
Stjarnan	2	1	1
UMFN - Mass	-	2	1
IA	-	-	-

Details per Athlete

Team	Last Name	First Name	Gender	B.W.	Team	Total	Rank (Total)	Points (Total)	Rank within Team	Points scored for Team	Gold	Silver	Bronze
KA	Bergur	Sverrisson	M	92,95	KA M	280	2	25	1	25	-	1	-
KA	Viktor Jóhannes	Kristófersson	M	101,75	KA M	-	-	-	2	-	-	-	-
LFA	Sigurður Óli	Magnússon	M	91,15	LFA M	255	3	23	1	23	-	-	1
LFK	Birna	Ólafsdóttir	F	50,35	LFK F	101	1	28	1	28	1	-	-
LFK	Erla	Ágústsdóttir	F	115,85	LFK F	226	2	25	2	25	-	1	-
LFK	Vigdís Lilja	Guðmundsdóttir	F	61,40	LFK F	145	3	23	3	23	-	-	1
LFK	Hólmfríður K.	Kjartansdóttir	F	68,25	LFK F	155	3	23	4	23	-	-	1
LFK	Unnur Sjöfn	Jónasdóttir	F	105,40	LFK F	159	3	23	5	23	-	-	1
LFK	Sigrún	Ágústsdóttir	F	68,00	LFK F	148	4	22	6	22	-	-	-
LFK	Máney Dögg	Björgvinsdóttir	F	86,50	LFK F	133	4	22	7	22	-	-	-
LFK	Gísla Rún	Kristjánsdóttir	F	62,10	LFK F	94	5	21	8	21	-	-	-
LFK	Erla	Guðmundsdóttir	F	67,65	LFK F	144	5	21	9	21	-	-	-
LFK	Sigríður Lína	Viðarsdóttir	F	74,70	LFK F	126	5	21	10	21	-	-	-
LFK	Margrét Bára	Þórkelsdóttir	F	67,50	LFK F	131	6	20	11	20	-	-	-
LFK	Signý	Sveinbjörnsdóttir	F	73,40	LFK F	118	6	20	12	20	-	-	-
LFK	Sara Líf	Ólafsdóttir	F	75,80	LFK F	91	7	19	13	19	-	-	-
LFK	Guðrún Björg	Elíasdóttir	F	75,35	LFK F	76	8	18	14	18	-	-	-
LFK	Kristófer Logi	Hauksson	M	81,30	LFK M	215	1	28	1	28	1	-	-
LFK	Brynjar Örn Thorlacius	Kristjánsson	M	75,10	LFK M	170	2	25	2	25	-	1	-
LFK	Guðmundur Grétar	Magnússon	M	98,35	LFK M	240	3	23	3	23	-	-	1
LFK	Jóhannes Þór	Ævarsson	M	92,45	LFK M	173	4	22	4	22	-	-	-
LFK	Guðmundur	Ásgeirsson	M	95,90	LFK M	194	4	22	5	22	-	-	-
LFM	Sigurbjörg	Eiríksdóttir	F	66,30	LFM F	171	1	28	1	28	1	-	-
LFM	Guðný Björk	Stefánsdóttir	F	70,80	LFM F	209	1	28	2	28	1	-	-
LFR	Freyja Björt	Svavarsdóttir	F	57,80	LFR F	155	1	28	1	28	1	-	-
LFR	Snædís Líf P	Dison	F	62,95	LFR F	160	1	28	2	28	1	-	-
LFR	Steindís Elín	Magnúsdóttir	F	68,90	LFR F	163	2	25	3	25	-	1	-
LFR	Ásta Sachi	Jónasdóttir	F	84,60	LFR F	160	2	25	4	25	-	1	-
LFR	Elín Birna	Hallgrímsdóttir	F	76,45	LFR F	186	2	25	5	25	-	1	-
LFR	Brynja María	Bjarnadóttir	F	78,30	LFR F	137	4	22	6	22	-	-	-

LFR	Valdís	Brynjarsdóttir	F	76,20	LFR_F	159	4	22	7	22	-	-	-
LFR	Birna Salóme	Friðriksdóttir	F	65,35	LFR_F	130	7	19	8	19	-	-	-
LFR	Rakel Sara	Snorradóttir	F	67,40	LFR_F	-	-	-	9	-	-	-	-
LFR	Kristinn	Hilmarsson	M	73,35	LFR_M	200	1	28	1	28	1	-	-
LFR	Rökkvi Hrafn	Guðnason	M	90,50	LFR_M	281	1	28	2	28	1	-	-
LFR	Þórbergur Ernir	Hlynsson	M	107,15	LFR_M	325	1	28	3	28	1	-	-
LFR	Hilmar Örn	Pétursson	M	94,50	LFR_M	180	5	21	4	21	-	-	-
Stjarnan	Ásdís	Hjálmisdóttir Annen	F	83,10	Stjarnan_F	184	1	28	1	28	1	-	-
Stjarnan	Friðný Fjóla	Jónsdóttir	F	92,45	Stjarnan_F	228	1	28	2	28	1	-	-
Stjarnan	Auður Arna	Eypórsdóttir	F	84,20	Stjarnan_F	142	3	23	3	23	-	-	1
Stjarnan	Einar	Karelsson	M	107,75	Stjarnan_M	254	2	25	1	25	-	1	-
MFN - Mas	Disa	Edwards	F	61,70	FN - Mass	154	2	25	1	25	-	1	-
MFN - Mas	Íris Rut	Jónsdóttir	F	57,80	FN - Mass	151	2	25	2	25	-	1	-
MFN - Mas	Aþena Eir	Jónsdóttir	F	74,65	FN - Mass	170	3	23	3	23	-	-	1
MFN - Mas	Elísabet Sara	Gísladóttir	F	60,60	FN - Mass	126	4	22	4	22	-	-	-
ÍA	Hildur Björk	Þórðardóttir	F	98,05	ÍA_F	88	5	21	1	21	-	-	-

Number of Athletes

46

Number of Teams

8

20

20

Rank	Points
0	0
1	28
2	25
3	23
4	22
5	21
6	20
7	19
8	18
9	17
10	16
11	15
12	14
13	13
14	12
15	11
16	10
17	9
18	8
19	7
20	6
21	5
22	4
23	3
24	2
25	1
26	0
27	0
28	0
29	0
30	0
31	0
32	0
33	0
34	0
35	0
36	0
37	0
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39	0
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41	0
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